



#FitWithFam

HMN PE

This is an opportunity to engage in physical activity and have fun as a family. A student can earn up to 3 additional points in Physical Education class per week.

Student Name: _____

PE Teacher: _____

Family Member: _____

Type of Activity: _____

Date: _____

Duration: _____ (at least 20 minutes)

Parent Signature: _____

Student Signature: _____

Tell me something positive you gained from this experience... _____

Photos are encouraged! Please bring in or e-mail photos to your teacher for our #FitWithFam bulletin board!